

STAYING HEALTHY ACROSS GENERATIONS: **Vaccines are Essential for All Ages**

Grandparents are Essential Caregivers

Grandparents are often primary caregivers or routinely supporting parents.



8 MILLION CHILDREN live in households headed by a grandparent or other relatives



1 IN 4 CHILDREN UNDER 5 are being cared for by grandparents on a regular basis



1.3 MILLION GRANDPARENTS in the labor force are responsible for a grandchild living with them

Impact of COVID-19 on Grandparents and Older Caregivers

The risk for severe illness from COVID-19 increases with age. Older adults have to balance the health risk of exposure to COVID-19 with consequences of social isolation and financial stability.



8 OUT OF 10 COVID-19 DEATHS reported in the U.S. are adults 65+



20 MILLION ADULTS OVER 55 have jobs that require them to leave home, putting them at greater risk for contracting COVID-19



49% CHILD CARE SLOTS may be permanently lost due to COVID-19 which may leave grandparents as primary back-up care



Vaccines Aren't Just for Kids – They Protect All Generations

Staying up to date on vaccines for the flu, pneumonia and whooping cough are important to protect both older adults and children - and soon a vaccine for COVID-19 will also be critical for both age groups.



Research on infants with whooping cough found **83% WERE EXPOSED** by the baby's immediate or extended family



Flu, pneumococcal disease, shingles and whooping cough **COST \$27 BILLION TO TREAT EACH YEAR** in adults over the age of 50



ONLY 68% OF ADULTS 65+ were vaccinated for the flu even though **90% OF FLU-RELATED DEATHS AND HOSPITALIZATIONS** were among that age group



Grandparenting Today Requires Taking Care of Yourself in Order to Be There for Children



TALK TO YOUR FRIENDS AND NEIGHBORS.

Grandparents are a great resource to encourage other grandparents to get vaccinated – second only to their healthcare provider. To get specific information on the vaccines for you, take the CDC Adult Vaccine Quiz.



PROTECT THE NEXT GENERATION.

Experts agree on an immunization schedule for children. Timing is important, even in the midst of a pandemic.



SHARE YOUR STORY.

Write a letter to the editor, post on social media, or present at a local community group about the importance of vaccines for older adults.



STAY INFORMED.

Soon there will be new vaccine(s) available to beat COVID-19 – know the facts, vaccines save lives.

LINKS TO RESOURCES ARE AVAILABLE AT WWW.BANDAGEOFHONOR.ORG

This infographic was made possible with support from Pfizer. The ideas, findings and conclusions presented are those of Generations United alone and do not necessarily reflect the opinions of Pfizer.

References:

U.S. Census Bureau; AARP; Generations United; ZERO TO THREE; and the Centers for Disease Control and Prevention. For full citations, visit www.gu.org.

**generations
united**

Because we're stronger together®